

GSC - December '18 to 5th January '19- PIA ROSTER!

PARENT IN ATTENDANCE AT EVERY TRAINING SESSION IS A MANDATORY REQUIREMENT BY SWIM IRELAND. You MUST contact another parent in your squad to swap places and ensure that your shift is covered even if your child cannot attend their designated squad session, thank you.

PIA Co-Ordinator; Trisha Murphy 087 641 31 56 or email: GSCPIACORDINATOR@GMAIL.COM

Date	Time	Venue	Squad/s	PIA	CLUB NOTES / UPCOMING EVENTS
Saturday - 1st	7-9 AM	NUIG	Senior I	Eimear O'Leary	
	6.30-8.30AM	Leisureland	Junior A's & National D's Groups 1&2	Zainab Rather	
	8:30 - 9:30am	The Dome	S&C - National D's	John Gibbs	PIA for S&C at the Dome, Salerno - New to Roster !!
	12.30-2.30PM	NUIG	Senior I	David Doorly	
Sunday - 2nd	6-6:45PM	Leisureland	Pathway Squads I & II	Xavier McDonnell	
	6:45-8PM	Leisureland	Fishes	Szymon Wegrzyn	
	6:45-8PM	Leisureland	Flyers	Szymon Wegrzyn	
	6:45-8PM	Leisureland	Junior B's	Szymon Wegrzyn	
	6:45-8PM	Leisureland	Junior Development	Szymon Wegrzyn	
	6:45-8PM	Leisureland	Youth Development	Szymon Wegrzyn	2nd Dec- Connacht Skills Group in UL
Monday - 3rd	5.30-7.30AM	NUIG	Senior I/II	Katie Waters	
	5 - 7 PM	NUIG	National D's/GP 1 & 2	Laura Geraghty	
	5.45-7:15 PM	Leisureland	Junior A/B's	Anusooya Thapa	
Tuesday - 4th	5.30-7.30 AM	NUIG	Senior I/II	Alison Gibbs	
	6-7.30 AM	SALTHILL	National D'S/GP 1&2	Niamh Kennedy	
	4.30-6.30 PM	NUIG	Senior I	Lauren Sharkey	
	6.30-7.30 PM	NUIG	Flyers & A'S	Louisa Hussey	
Weds - 5th	NO SWIMMING				
Thursday - 6th	5.30-7.30 AM	NUIG	Senior I/II	Tom O'Sullivan	IRISH SHORT COURSE CHAMPIONSHIPS 6-9th LISBURN - QUALIFYING SWIMMERS ONLY
	3.30-4.15 PM	NUIG	Pathway I	Bobby Persad	
	4.15-5 PM	NUIG	Pathway II	Aoibh Ruane	
	3.45-4.45PM	SALTHILL	Fishes	Amy Newell	
	4.45-5.45PM	SALTHILL	Flyers	Abbie Flaherty	
	5:45-7:15 PM	Leisureland	National D's/GP 2 & Junior A/B'S	Alex Shaw	
	5.30-7.30PM	NUIG	SENIOR I (SELECT) & NATIONAL D'S/GP 1	Gillian Murphy	
Friday - 7th	5.30-7.30AM	NUIG	Senior I & II	Fionn Duffy	
	6:00-7:30 AM	Leisureland	National D's/GP 1 & 2	Martin Mitchell	
Saturday - 8th	7-9 AM	NUIG	Senior I	Maria NicDonnacha	
	6.30-8.30AM	Leisureland	Junior A's & National D's Groups 1&2	Killian Ward	
	8:30 - 9:30am	The Dome	S&C - National D's	Zainab Rather	PIA for S&C at the Dome, Salerno - New to Roster !!
	12.30-2.30PM	NUIG	Senior I	David Doorly	
Sunday - 9th	6-6:45PM	Leisureland	Pathway Squads I & II	Peter Donnellan	
	6:45-8PM	Leisureland	Fishes	Roisin Walsh	
	6:45-8PM	Leisureland	Flyers	Roisin Walsh	
	6:45-8PM	Leisureland	Junior B's	Roisin Walsh	
	6:45-8PM	Leisureland	Junior Development	Roisin Walsh	
	6:45-8PM	Leisureland	Youth Development	Roisin Walsh	
Monday - 10th	5.30-7.30AM	NUIG	Senior I/II	Kaelan Geng	
	5 - 7 PM	NUIG	National D's/GP 1 & 2	Tom Healy	
	5.45-7:15 PM	Leisureland	Junior A/B's	Luke Mangan	
Tuesday - 11th	5.30-7.30 AM	NUIG	Senior I/II	Keela Mulhall	
	6-7.30 AM	SALTHILL	National D'S/GP 1&2	Kassie Rather	
	4.30-6.30 PM	NUIG	Senior I	Ben Naughton	
	6.30-7.30 PM	NUIG	Flyers & A'S	Aining Zhan	
Weds - 12th	NO SWIMMING				
Thursday-13th	5.30-7.30 AM	NUIG	Senior I/II	Eidhne Kennedy	
	3.30-4.15 PM	NUIG	Pathway I	Tadhg McCartan	
	4.15-5 PM	NUIG	Pathway II	Patrick Gibbons	
	3.45-4.45PM	SALTHILL	Fishes	Sophie Farrelly	
	4.45-5.45PM	SALTHILL	Flyers	Conn Sweeney	
	5:45-7:15 PM	Leisureland	National D's/GP 2 & Junior A/B'S	John Gibbs	
	5.30-7.30PM	NUIG	SENIOR I (SELECT) & NATIONAL D'S/GP 1	Emma Murphy	
Friday - 14th	5.30-7.30AM	NUIG	Senior I & II	Aoife Leahy	
	6:00-7:30 AM	Leisureland	National D's/GP 1 & 2	Ciara Davitt	

Saturday - 15th	6-9AM	NUIG	Senior I/II & NATIONAL D'S	Aleksandr McAleer	GSC TIME TRIAL -6-9AM/NUIG,SQUADS: SENIOR I/II & NATIONAL D'S.
GSC SENIOR/NATIONAL D'S CHRISTMAS TEAM BREAKFAST -10.15-11.30AM/VENUE TBC'ED					
	6.30-8.30AM	Leisureland	Junior A's & National D's Groups 1&2	Cancelled - see note re time trials & B/C gala -->	CANCELLED DUE TO CONNACHT B/C XMAS 50'S MEET IN NUIG HOSTED BY BLUEFIN SC
	8:30 - 9:30am	The Dome	S&C - National D's	MOVED FOR 1 WEEK TO NUIG due to Time Trials,9-10AM	MOVED TO NUIG FOR 1 WEEK ONLY 9-10AM.
	12.30-2.30PM	NUIG	Senior I	CANCELLED	
Sunday - 16th	6-8pm	Leisureland	PATHWAY SQUADS 1 & 2	John-Brendan McDonnell	GSC HOSTED XMAS 25 SPRINT MEET - SQUADS - NATIONAL D'S/GP 2 TO PATHWAY
	6-8pm	Leisureland	FISHES	John-Brendan McDonnell	
	6-8pm	Leisureland	FLYERS	John-Brendan McDonnell	
	6-8pm	Leisureland	JUNIOR B's	John-Brendan McDonnell	
	6-8pm	Leisureland	JUNIOR DEVELOPENT	John-Brendan McDonnell	
	6-8pm	Leisureland	YOUTH DEVELOPMENT	John-Brendan McDonnell	
Monday - 17th	5.30-7.30AM	NUIG	SENIOR I/II	Aoife Leahy	
	5 -7 PM	NUIG	NATIONAL D'S/GP 1&2	Cillian McCullagh	
	5.45-7:15 PM	Leisureland	JUNIOR A/B's	Denis Kavanagh	
Tuesday - 18th	5.30-7.30 AM	NUIG	Senior I/II	Anoushka Vinod	
	6-7.30 AM	SALTHILL	National D'S/GP 1&2	Cathal McGrath	
	4.30-6.30 PM	NUIG	Senior I	Lauren Sharkey	
	6.30-7.30 PM	NUIG	Flyers & A'S	Tess Shaughnessy	
Weds - 19th	NO SWIMMING				
Thursday-20th	5.30-7.30 AM	NUIG	Senior I/II	Aoife Sweeny	
	3.30-4.15 PM	NUIG	Pathway I	Emily Cahill	
	4.15-5 PM	NUIG	Pathway II	Ciara Nash	
	3.45-4.45PM	SALTHILL	Fishes	Michael Owens	
	4.45-5.45PM	SALTHILL	Flyers	Cillian Evers-Coleman	
	5:45-7:15 PM	Leisureland	National D's/GP 2 & Junior A/B'S	Ingrid Shaw	
	5.30-7.30PM	NUIG	SENIOR I (SELECT) & NATIONAL D'S/GP 1	Ailbhe Mulhall	
Friday- 21st	5.30-7.30AM	NUIG	Senior I & II	Ralf Bodamar	
	6:00-7:30 AM	Leisureland	National D's/GP 1 & 2	John Patten	
Saturday -22nd	7-9 AM	NUIG	Senior I	Michael Hussey	
	6.30-8.30AM	Leisureland	Junior A's & National D's GP 1&2	Emily Woodings	
	8:30 - 9:30am	The Dome	S&C - National D's	Senan McDonnell	PIA for S&C at the Dome, Salerno - New to Roster !!
	12.30-2.30PM	NUIG	Senior I	David Doorly	
Sunday - 23rd	6-6:45PM	Leisureland	PATHWAY SQUADS 1 & 2	No Swimming	CANCELLED DUE TO CHRISTMAS BREAK
	6:45-8PM	Leisureland	FISHES	No Swimming	CANCELLED DUE TO CHRISTMAS BREAK
	6:45-8PM	Leisureland	FLYERS	No Swimming	CANCELLED DUE TO CHRISTMAS BREAK
	6:45-8PM	Leisureland	JUNIOR B's	No Swimming	CANCELLED DUE TO CHRISTMAS BREAK
	6:45-8PM	Leisureland	JUNIOR DEVELOPENT	No Swimming	CANCELLED DUE TO CHRISTMAS BREAK
	6:45-8PM	Leisureland	YOUTH DEVELOPMENT	No Swimming	CANCELLED DUE TO CHRISTMAS BREAK
Monday - 24th	5.30-7.30AM	NUIG	SENIOR I/II	No Swimming	CHRISTMAS EVE - NO SWIMMING
	5 -7 PM	NUIG	NATIONAL D'S/GP 1&2	No Swimming	CHRISTMAS EVE - NO SWIMMING
	5.45-7:15 PM	Leisureland	JUNIOR A/B's	No Swimming	CHRISTMAS EVE - NO SWIMMING
Tuesday - 25th	5.30-7.30 AM	NUIG	Senior I/II	No Swimming	CHRISTMAS DAY - NO SWIMMING
	6-7.30 AM	SALTHILL	National D'S/GP 1&2	No Swimming	CHRISTMAS DAY - NO SWIMMING
	4.30-6.30 PM	NUIG	Senior I	No Swimming	CHRISTMAS DAY - NO SWIMMING
	6.30-7.30 PM	NUIG	Flyers & A'S	No Swimming	CHRISTMAS DAY - NO SWIMMING
Weds - 26th	NO SWIMMING				ST. STEPHEN'S DAY -NO SWIMMING
Thursday-27th	5.30-7.30 AM	NUIG	Senior I/II	No Swimming	NO SWIMMING/CONNACHT SQUAD CAMP,UL 27-30TH
	3.30-4.15 PM	NUIG	Pathway I	No Swimming	NO SWIMMING
	4.15-5 PM	NUIG	Pathway II	No Swimming	NO SWIMMING
	3.45-4.45PM	SALTHILL	Fishes	No Swimming	NO SWIMMING
	4.45-5.45PM	SALTHILL	Flyers	No Swimming	NO SWIMMING
	5:45-7:15 PM	Leisureland	National D's/GP 2 & Junior A/B'S	No Swimming	NO SWIMMING
	3.30-5.30PM	NUIG	SENIOR I	Caitriona Nic Dhonnchadha	SENIOR I ONLY -PLEASE NOTE TIME CHANGE.
Friday- 28th	7-9AM	NUIG	Senior I/II & NATIONAL D'S	Rosie Doorly	PLEASE NOTE SQUAD & TIME CHANGE
	6:00-7:30 AM	Leisureland	National D's/GP 1 & 2	SEE NOTE	CANCELLED DUE TO CHRISTMAS BREAK
	3.30-5.30PM	NUIG	SENIOR I		SENIOR I ONLY -PLEASE NOTE TIME CHANGE.
Saturday -29th	7-9 AM	NUIG	Senior I & NATIONAL D'S	John O'Sullivan	PLEASE NOTE SQUAD & TIME CHANGE
	6.30-8.30AM	Leisureland	Junior A's & National D's GP 1&2	No Swimming	CANCELLED DUE TO CHRISTMAS BREAK
	8:30 - 9:30am	The Dome	S&C - National D's	Cancelled	
	12.30-2.30PM	NUIG	Senior I	Tom O'Sullivan	

Sunday - 30th	6-6:45PM	Leisureland	PATHWAY SQUADS 1 & 2	No Swimming	FIRST SESSION BACK THURSDAY 3RD JANUARY FOR PATHWAY
	6-8PM	Leisureland	FISHES	Fionan MacDonnchadha	PLEASE NOTE SQUAD & TIME CHANGE
	6-8PM	Leisureland	FLYERS	Fionan MacDonnchadha	PLEASE NOTE SQUAD & TIME CHANGE
	6-8PM	Leisureland	JUNIOR B's	Fionan MacDonnchadha	PLEASE NOTE SQUAD & TIME CHANGE
	6-8PM	Leisureland	JUNIOR DEVELOPENT	Fionan MacDonnchadha	PLEASE NOTE SQUAD & TIME CHANGE
	6-8PM	Leisureland	YOUTH DEVELOPMENT	Fionan MacDonnchadha	PLEASE NOTE SQUAD & TIME CHANGE
	6-8PM	Leisureland	A'S	Fionan MacDonnchadha	PLEASE NOTE SQUAD & TIME CHANGE
Monday - 31st	5.30-7.30AM	NUIG	SENIOR I/II	No Swimming	NEW YEARS EVE - NO SWIMMING
	5 -7 PM	NUIG	NATIONAL D'S/GP 1&2	No Swimming	NEW YEARS EVE - NO SWIMMING
	5.45-7:15 PM	Leisureland	JUNIOR A/B's	No Swimming	NEW YEARS EVE - NO SWIMMING
Tuesday - 1st	5.30-7.30 AM	NUIG	Senior I/II	No Swimming	NEW YEARS DAY - NO SWIMMING
January 2019	6-7.30 AM	SALTHILL	National D'S/GP 1&2	No Swimming	NEW YEARS DAY - NO SWIMMING
	4.30-6.30 PM	NUIG	Senior I	No Swimming	NEW YEARS DAY - NO SWIMMING
	6.30-7.30 PM	NUIG	Flyers & A'S	No Swimming	NEW YEARS DAY - NO SWIMMING
Weds - 2nd	NO SWIMMING				
Thursday-3rd	5.30-7.30 AM	NUIG	Senior I/II	Martin Mitchell	
	9.30-11AM	Leisureland	National D's/GP 2 & Junior A/B'S	Avril Shaw	PLEASE NOTE TIME CHANGE
	3.30-4.15 PM	NUIG	Pathway I	Meadhbh Nevin	
	4.15-5 PM	NUIG	Pathway II	Scott Davitt	
	3.45-4.45PM	SALTHILL	Fishes	Scott McGing	
	4.45-5.45PM	SALTHILL	Flyers	Caoimhe Drea	
	5.30-7.30PM	NUIG	SENIOR I (SELECT) & NATIONAL D'S/GP 1	Ciara Davitt	
Friday- 4th	5.30-7.30AM	NUIG	Senior I/II & NATIONAL D'S	William McDonnell	
	6:00-7:30 AM	Leisureland	National D's/GP 1 & 2	See Note -->	CANCELLED & MOVED TO NUIG,5.30-7.30AM
Saturday -5th	7-9 AM	NUIG	Senior I	Eimear O'Leary	
	9.30-11AM	Leisureland	Junior A's & National D's GP 1&2	Erin Smyth	PLEASE NOTE TIME CHANGE
	8:30 - 9:30am	The Dome	S&C - National D's	Cancelled	
	12.30-2.30PM	NUIG	Senior I	Alison Gibbs	
					GSC NEW SWIMMER ASSESSMENT,2-3PM,NUIG
Sunday - 6th	6-6:45PM	Leisureland	PATHWAY SQUADS 1 & 2	John Holland	NORMAL JANUARY SCHEDULE RESUMES
	6:45-8PM	Leisureland	FISHES	Maitiu Connolly	
	6:45-8PM	Leisureland	FLYERS	Maitiu Connolly	
	6:45-8PM	Leisureland	JUNIOR B's	Maitiu Connolly	6th - CONNACHT SKILLS CAMP - ATHLONE SPORTS CENTRE
	6:45-8PM	Leisureland	JUNIOR DEVELOPENT	Maitiu Connolly	
	6:45-8PM	Leisureland	YOUTH DEVELOPMENT	Maitiu Connolly	

You MUST contact another parent in your squad to swap places and ensure that your shift is covered even if your child cannot attend their designated squad session, thank you