

Day 2 - Saturday 4th November 2017	Day 3 – Sunday 5th November 2017
Session 1: Combined Heats 45 Minute Warm-Up	Session 5: Combined Heats 45 Minute Warm-Up
Male 200m IM Female 200m Backstroke Male 200m Breaststroke Female 100m Breaststroke Male 100m Backstroke Female 50m Butterfly Male 50m Freestyle Female 400m Freestyle HDW	Female 200m IM Male 200m Backstroke Female 200m Breaststroke Male 100m Breaststroke Female 100m Backstroke Male 50m Butterfly Female 50m Freestyle Male 400m Freestyle HDW
Session 2: Finals & Presentations No Warm-Up	Session 6: Finals & Presentations No-Warm-Up
Mixed 200m Freestyle Relay HDW (Open) Male 200m IM (Open) Female 200m Backstroke (Open) Male 200m Breaststroke (Open) Female 100m Breaststroke (Open) Male 100m Backstroke (Open) Female 50m Butterfly (Open) Male 50m Freestyle (Open)	Mixed 200m Medley Relay HDW (Open) Female 200m IM (Open) Male 200m Backstroke (Open) Female 200m Breaststroke (Open) Male 100m Breaststroke (Open) Female 100m Backstroke (Open) Male 50m Butterfly (Open) Female 50m Freestyle (Open)
Session 3: Combined Heats 45 Minute Warm-Up	Session 7 Combined Heats 45 Minute Warm-Up
Female 100m IM Male 200m Freestyle Female 200m Butterfly Male 100m Butterfly Female 100m Freestyle Male 50m Breaststroke Female 50m Backstroke Male 400m IM HDW	Male 100m IM Female 200m Freestyle Male 200m Butterfly Female 100m Butterfly Male 100m Freestyle Female 50m Breaststroke Male 50m Backstroke Female 400m IM HDW
Session 4: Finals & Presentations No Warm-Up	Session 8: Finals & Presentations No Warm-Up
Female 200m Freestyle Relay HDW (Open) Male 200m Freestyle Relay HDW (Open) Female 100m IM (Open) Male 200m Freestyle (Open) Female 200m Butterfly (Open) Male 100m Butterfly (Open) Female 100m Freestyle (Open) Male 50m Breaststroke (Open) Female 50m Backstroke (Open) Male/Female 800m Freestyle HDW	Male 200m Medley Relay HDW (Open) Female 200m Medley Relay HDW (Open) Male 100m IM (Open) Female 200m Freestyle (Open) Male 200m Butterfly (Open) Female 100m Butterfly (Open) Male 100m Freestyle (Open) Female 50m Breaststroke (Open) Male 50m Backstroke (Open) Female / Male 1500m Freestyle HDW